

Timberwolf Tours - Equipment list

Multi day wilderness backpacking equipment list	
<i>Basic equipment - Mandatory</i>	<i>Clothing - Mandatory</i>
Backpack (70 – 90 liter)	Hiking boots (min. Category BC)
Sleeping bag (comfort -10C min.)	Rain jacket
Waterproof compression bag for sleeping bag	Rain pants
Backpacking Mattress (inflatable, 3/ 4 - season))	Pants (quick dry, zip-off if preferred)
Headlight / flashlight + spare batteries	Thermo pants (long underwear)
Knife / multi tool	Thermo upper body layer 2 x
Spoon + fork (spork)	Fleece vest
Plate	Down puff jacket (synthetic)
Cup / mug	Long sleeve shirt (mosquito proof, quick dry)
Water bottle (1liter)	Gloves - inner (thin), wool or fleece
Thermos (0,5 liter. min.)	Gloves - outer, waterproof
Lighter (waterproof or waterproof packed)	Hat / cap
Matches (waterproof packed)	Running shoes / water shoes (river crossings)
Whistle	Waterproof bags for clothing (ca. 2 x 15 - 20 lt.)
Sunscreen	Underwear
Mosquito repellent	Socks
Sunglasses	Belt
Toiletries (<i>biodegradable</i> products preferred)	<i>Optional</i>
Waterproof bag for food (ca. 20 liter)	Compass
Spare waterproof bag	Binoculars
	AB(C)Watch
<i>Safety - Mandatory</i>	Camera + spare batteries
Insurance card + emergency phone number(s)	Phone
ID (e.g. copy passport)	Bear spray / bear horn
Personal medicines (waterproof packed) – if applicable.	Fishing gear
Personal first aid kit (waterproof packed)	Personal stuff
Emergency blanket	

Good gear doesn't mean it has to be the most expensive or the latest in fashion. However, everything does have it's price tag. When there are items you don't have and at this point of time don't feel like buying, you might be able to rent them from us (please contact us for possibilities and prices).