



HIKING IN THE CANADIAN ROCKIES

TOUR P9
HOTELS

Nine fun filled days in the most outstanding places of the Rocky Mountain National Parks. Stunning vistas along the famous Icefields Parkway between Banff and Jasper are the backdrop for specially selected rewarding day hikes. Don't worry about planning the details. Your guide has everything arranged, has insider tips, knows the best trails, activities and special places for every season.

Demands: easy to moderate mountain hikes with light day pack, always accompanied by the guide. Good middle class hotels.

Included:

- ✓ all transfers
- ✓ 8 nights in hotels (twin)
- ✓ 7 breakfasts
- ✓ welcome gift
- ✓ admission to the National Parks.
- ✓ services of knowledgeable guide, who accompanies the group on all hikes.

Not included: personal equipment, not mentioned meals, gratuities.

Suggested Options: White water rafting in Banff, mountain bike rental in Jasper, western trail riding in Jasper.

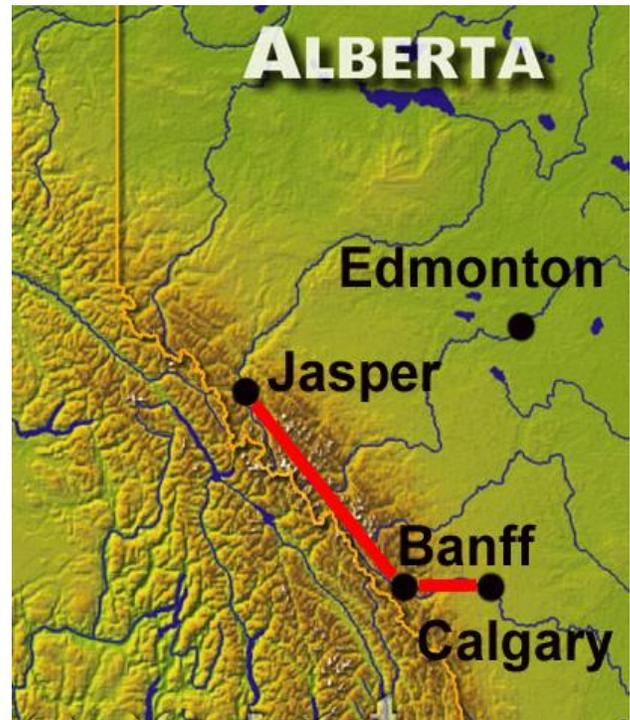
Hotels: hotels are not necessarily as mentioned
Acclaim Hotel Calgary Airport
Irwin's Mtn Lodge or Red-Carpet Inn, Banff, 2 nights
Lake Louise Inn, 2 nights
Becker Chalets, Jasper, 2 nights
Acclaim Hotel Calgary Airport

Group size: maximum 12 persons.

Length of tour: 9 days.

All departures are guaranteed.

Dates and prices can be found in the price list and on our website.



SEVEN GUIDED DAY HIKES USING THE MOST REWARDING TRAILS IN BANFF, YOHO AND JASPER NATIONAL PARKS

GOOD HOTELS WITH BREAKFASTS

NO BACKPACKING

EXPERIENCED GUIDES WHO TAILOR THE ACTIVITIES TO INDIVIDUAL ABILITIES

TIME FOR SIGHTSEEING AND RELAXING

FLEXIBLE ITINERARY WITH SMALL GROUP

COMBINE WITH 5-DAY CANOE TRIP

BUILDING BLOCK WITH OTHER PROGRAMS

HIKING IN THE CANADIAN ROCKIES

Tour P9

Day 1: CALGARY - Transfer from the airport to your hotel. Meet the guide for pre tour information in the hotel.

Day 2: BANFF NATIONAL PARK - After breakfast you board the bus for the drive through ranch country in the foot hills into Banff National Park. After an orientation drive of the surrounding area you check into the hotel in this lively little holiday town of Banff. Now it is time for the first hike along the shores of Minnewanka Lake or on one of the many mountain trails near Banff. Hiking time 2 – 3 hours.

Day 3: BANFF NATIONAL PARK - On a full day hike you explore passes above the tree line and alpine meadows. For example, 7.5 km with 725 m gain (4.6 mi, 2414 ft) to a small lake and possibly 2 km further into the pass at 2470 m (8225 ft). After the hike you might want to relax in the warm sulphur pool or walk along the busy streets of Banff with its many stores and visitors from around the world. Hiking time 5 – 7 hours.

Day 4: LAKE LOUISE - BANFF NATIONAL PARK - You would not want to miss the picture postcard scenery surrounding Lake Louise. The guide suggests the 3.5 km (2 mi) path with 400 m gain (1325 ft) to the historic tea house by an alpine lake. Here a network of easy to demanding trails is tempting you to go further and higher. For example, the 15 km (9.3 mi) circuit into the Plain of Six Glaciers or a 2.5 km (1.6 mi) climb with 515 m (1705 ft) gain to a summit with exceptional views of nearby peaks and distant landscapes. Hotel in Lake Louise. Hiking time 3 – 5 hours.

Day 5: LAKE LOUISE - BANFF NATIONAL PARK - There is an opportunity for a great white-water rafting trip on the Kicking Horse River. It involves a side trip to Golden in B.C., headquarters for many outdoor adventures. Of course, hiking is always an alternative. Among the choice of trails, the guide would like to show you is an 18 km (11 mi) circuit through two flower decorated passes at 1830 m and 2180 m (6093 ft and 7250 ft) and spectacular views of Emerald Lake. The Natural Bridge, Takakkaw Falls, Spiral Tunnel are other attractions of Yoho Park. Hiking time 6 hours.

Day 6: JASPER NATIONAL PARK - Frequent stops and short excursions along the Icefields Parkway on your way into the heart of the Rockies. Famous names like Peyto Lake and Bow Summit. At the Columbia Icefields huge glaciers spawn rivers, which eventually reach three different oceans. Saskatchewan Glacier is best viewed from far above after hiking 2.5 km (1.6 mi) to a windy ridge at 2260 m (7525 ft). Then on to Jasper and your hotel in this small mountain town. Hiking time 2 hours.

Day 7: JASPER NATIONAL PARK - So many possibilities, swimming and a picnic at Pyramid Lake, mountain biking, trail rides, canoeing and more. Or join the guide for a side trip to Maligne Lake and a 8 km (5 mile) loop hike with 460 m gain (1532 ft) into the hills above tree line at 2150 m (7160 ft) elevation and possibly all the way to the 2790 m (9290 ft) peak overlooking this beautiful lake. Hiking time 2 – 6 hours.

Day 8: CALGARY OR JASPER - Mighty Athabasca Falls count among the attractions of this park. Trails near the Columbia Icefields start at tree line and are especially rewarding thanks to their magnificent views of the glaciers and surrounding ranges. Your farewell to the Rockies is the 8 km (5 mi) hike with 335 m (1155 ft) gain into a pass at 2375 m (7980 ft). Now the transfer back to Calgary. Arrival at the hotel at about 7:00 pm. Hiking time 2 – 3 hours.

Day 9: Breakfast on own and transfer to the airport with the hotel owned shuttle bus.

BUILDING BLOCKS:

Tour K5, Mountain Rivers Canoe Adventure (5 days camping). This combination is our tour PK, Hotel – Camping Mix

Tour L, alone on your own island, camping.